

Parent/Guardian/Educator Guide (PGE)



Super Strengths

Character strengths enable us to identify what we are good at rather than where we need to improve.

Using the strengths cards to begin allow your child to identify what resonates with them.

Work through each of the tasks at your own pace ensuring your child has full understanding.

Benefits of this program...

- *Creates a habit of strengths identification*
- *Pushes the boundaries of their strengths to the next level.*
- *Increases confidence.*
- *Action planning towards how to utilise strengths.*
- *Improves positive emotions in relation to their achievements.*